

What is Lunar New Year?

Lunar New Year (LNY), also known as the Spring Festival, is a holiday that is celebrated in many Asian countries. It begins with the first new moon of the lunar calendar and ends 15 days later on the first full moon of the lunar calendar, which is traditionally marked with a Lantern Festival.

In 2024, the Lunar New Year Festival will begin on February 10 and culminate with the Lantern Festival on February 24. The lunar calendar includes 12 Chinese zodiacs: the rat, ox, tiger, rabbit, dragon, snake, horse, sheep, monkey, rooster, dog and pig. 2024 is known as "The Year of the Dragon."



CELEBRASIAN SPOTLIGHT

Lunar New Year

Year of the Dragon

February 10, 2024



Lunar New Year is celebrated in many Asian cultures, including Chinese, South Korean, Vietnamese, Singaporean, Malaysian, Filipino and Indonesian. Lunar New Year in China is called the Spring Festival, or chūnjié. The holiday symbolizes letting go of the past and ringing in the present. Celebrations are focused on removing the bad and the old and welcoming the new and the good. The Lunar New Year is an important time for spending time with family, and people pay their respects to their ancestors and older family members.

to know

fun facts

- The number of days of celebration varies depending on the country. In South Korea, Seollal usually lasts for three days. In Vietnam, Têt Nguyên Đán is a week long.
- People born in the year of the dragon are seen as charismatic, intelligent, confident, powerful, naturally lucky and gifted

celebrate

- Distribute red money envelopes to children, symbolizing luck for the new year.
- Give your home a thorough cleaning and decorate with red and gold.
- Watch local fireworks and dragon dance exhibit. Check your local news and social media.
- Join the APA Board "Year of the Dragon Trivia Throwdown" virtual event on February 4, 8pm Eastern. Fun and prizes for all ages!

recipes

- Chicken Lo Mein (noodle dish)
- Pork Dumplings
- Red Bean Mooncakes

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